Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Wednesday 29 Mar 2023 until 23:59 on Thursday 30 Mar 2023

Forecast Issued on Wednesday 29 Mar 2023 at 02:17 by Met Office Aberdeen

Confidence: High for changeable weather to continue into the weekend. High for a brighter day on Thursday.

Headline for Wednesday 29 Mar 2023: Cloudy and windy with showers, turning more frequent this afternoon

Mountain weather hazards on Wednesday 29 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Medium Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Light rain	Heavy Rain	Light rain showers	Partly cloudy (night)
Precipitation probability					
20%	20%	40%	70%	40%	20%

Forecast for Wednesday 29 Mar 2023

Weather: A lot of cloud through the day shrouding many summits, but northern Argyll and southern Lochaber will occasionally brighten up. A few showers will pass by this morning, showers becoming more frequent and heavier from the south as the afternoon wears on. Showers will continue into the evening.

Chance of cloud-free hill tops above 800m: 30%

Low Cloud and visibility: Often poor in cloud down to 500 to 800 metres. Cloud thinning across northern Argyll and southern Lochaber at times with better visibility and a few patches of cloud around 800 metres.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Wednesday 29 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	29/35 SE	31/40 SE	41/52 SE	41/52 S	33/42 S	28/36 S	21/27 S
900	19/24 SE	21/29 SE	27/37 SE	27/38 S	23/32 S	18/26 S	15/21 SW
600	16/19 SE	26/33 SE	37/47 SE	37/47 S	30/39 S	25/33 S	17/23 S
300	7/11 E	17/27 SE	20/30 SE	20/30 SE	18/29 S	14/22 S	8/15 S
Glen	3/8 E	7/19 SE	11/26 SE	12/28 SE	12/27 S	9/21 S	6/15 SW

Height (m)	Temperature / Feels Like (°C)						
1300	2/-5	1/-6	2/-6	2/-6	3/-4	2/-5	2/-4
900	3/-3	3/-2	4/-2	4/-2	5/-1	4/-1	4/-1
600	8/4	8/4	7/2	8/2	8/3	7/2	6/2
300	8/6	8/5	9/5	9/6	9/6	9/6	8/6
Glen	8/7	10/8	10/8	11/8	11/8	10/8	9/8
Freezing Level*	1800m	1700m	1800m	1800m	1700m	1600m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Summit gales will make for slow progress through the day and some drenching conditions as rain passes by.

Forecast for Thursday 30 Mar 2023
Weather: After a cloudy start it will be a much brighter day with some passing showers. Showers will be wintry on the very highest tops. Blustery summits winds.

Maximum wind: Southwesterly average speeds of 25 mph with gusts of 35 mph or so on the summits

Chance of cloud-free hill tops above 800m: 70%, best chance in the afternoon

Low Cloud and visibility: Patches of cloud around 700 to 900 metres.

Temperature: **Glens:** Plus 4 rising to 13 Celsius
At 800m: Plus 6 Celsius
Freezing level: 1400 metres

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